

Journey Group Discussion Questions

(For the Week of February 24th, 2013)

Ice Breaker: “The Birds & The Bees”!!! Please share with our group a funny (but socially appropriate) story of how your parents told you about “the birds and the bees” or a humorous story about having “the Talk” with you own children.

Discussion Questions:

God created Sex

- Have someone in your group read aloud **Genesis 2:23-25**.
- What does this passage of Scripture show us about sex? How did this couple feel about their bodies and sexuality?
- What are some of the common misconceptions of sex people grow up with?
- Pastor Jeremy shared that “when sin comes into a relationship there comes a lack of intimacy with God and your spouse,” therefore, God has established some boundaries. (*Ex. No Sex.....outside of marriage, with same gender (homosexuality), animals, family (incest), etc.*) Why do you think boundaries within the sexual relationship are so important to God?

God Gives us Sex for a Purpose

1. Procreation

- Have someone in the group read aloud **Genesis 1:28**.
- What is the command found in this passage?
- What emotions and thoughts come to mind when you think about the fact that God wants to use a husband and wife to bring about new life?

2. Pleasure

- Have someone read aloud **Deuteronomy 24:5**
- Pastor Jeremy taught us that the phrase “to bring happiness” found in this passage literally means “to bring sexual pleasure to”. In light of that truth, what does this passage of Scripture teach us about God’s value of the pleasure sex should bring to a married couple?
- In your opinion, what are some common obstacles couples face in regards to having “pleasurable” sex?

3. Oneness

- Carefully read aloud **Genesis 2:24**
- What do you think “one flesh” means?

How to Achieve Oneness....

1. Get to know spouse

- What are some practical things couples can do to really get to know each other?
- What are the most common barriers couples faces in “getting to know each other”?
- When can a couple stop “getting to know one another”?

2. Deepen (don't cheapen) sex through love & commitment

- Why do you think commitment is so important to achieving an amazing sex life?

3. Pursue our Spouse

- When do we stop pursuing our spouse?
- Share with our group how you are still pursuing your spouse?

Build your Marriage on the Rock of Jesus

- What role does Jesus Christ play in your marriage?
- How can you, as a couple, ensure that you truly are building your marriage on the Rock of Jesus Christ?

Prayer Time:

- **Split up Men & Women for Prayer Time!**
- During this time spend about 10 minutes sharing various prayer request related to your marriage. As well as update one another about past prayer requests made. *This is not a time to complain, but rather a time to simply share some of the needs, challenges, and praises within your marriage.*