

MIDDLE SCHOOL DEVOTIONS

WEEK 1 – MAY 27

THE BEST SUMMER EVER STARTS HERE

Circle Up (Fun)

Question: What is one thing you're most excited about this summer?

Activity: Keep a balloon in the air as a group without letting it touch the ground. Add more balloons to make it harder.

Pray “Jesus, thank You for summer, fun, and time with family and friends. Help us grow closer to You and find real joy in You this summer.”

- Why do we look forward to summer so much?
- What are some things we hope will make us happy?
- Why does joy from Jesus last longer than temporary fun?

Practice

- Write down one way you want to grow closer to God this summer.
- Pray together and ask God to make this summer meaningful.

Remember

Real joy is found in Jesus, not just good experiences.

Pray

WEEK 2 – JUNE 3

WHEN THINGS DON'T GO YOUR WAY

Circle Up (Fun)

Question: What's something small that annoys you way more than it should?

Activity: Blindfold obstacle course with a partner giving directions.

Pray

“God, when things don't go the way we planned, help us trust You instead of getting frustrated. Remind us that You are always good.”

Talk About It

- Why do we get frustrated when plans change?
- Is God still trustworthy when life feels disappointing?
- How can hard moments actually grow our faith?

Practice

- The next time something goes wrong, pause before reacting and pray first.
- Ask God to help you trust Him instead of complaining.

Remember

God is still good even when life doesn't go the way we planned.

Pray

WEEK 3 – JUNE 10

LIGHT OF THE WORLD

Circle Up (Fun)

Activity: Glow stick hunt or flashlight tag in the dark.

Pray

“Jesus, help us shine Your love everywhere we go. Show us how to be kind, encouraging, and helpful to others.”

Talk About It

- Why does light stand out so much in darkness?
- What does it mean that Jesus is the “Light of the World”?
- How can middle schoolers bring light into school, sports, and friendships?

Practice

- Encourage someone who seems lonely or left out this week.
- Choose kindness even when it isn’t popular.

Remember

Jesus shines through us when we love people well.

Pray

WEEK 4 – JUNE 17

REST FOR YOUR SOUL

Circle Up (Fun)

Activity: Everyone has to sit completely still and silent for one minute. Last person to move wins.

Pray

“God, help us slow down and spend time with You. Fill our hearts with Your peace when life feels busy.”

Talk About It

- Why is it hard to slow down?
- What usually distracts us from spending time with God?
- What does real peace actually feel like?

Practice

- Spend 5 quiet minutes with God this week with no phone or distractions.
- Thank Him for three things.

Remember

Jesus gives peace that the world can’t give.

Pray

WEEK 5 – JUNE 24

MADE FOR ADVENTURE

Circle Up (Fun)

Activity: Build the strongest blanket fort or obstacle course you can as a family/team.

Pray

“Jesus, give us courage to follow You and do the right thing, even when it feels hard or scary.”

Talk About It

- Why do people love adventure?
- What’s the difference between being reckless and being brave?
- What brave thing might God be asking you to do?

Practice

- Pray for courage in one area where you feel nervous or insecure.
- Encourage someone else who needs confidence too.

Remember

God goes with us into every unknown situation.

Pray

WEEK 6 – JULY 1

GOD’S PROMISES STAND FIRM

Circle Up (Fun)

Activity: Build the tallest tower possible using cups, blocks, or random household items.

Pray

“God, thank You for always keeping Your promises. Help us trust You when life feels uncertain.”

Talk About It

- Why do things in life sometimes feel unstable?
- What promises from God can we hold onto?
- Why is God more dependable than people or circumstances?

Practice

- Memorize one promise from Scripture this week.
- Say it out loud when you feel anxious or discouraged.

Remember

God’s promises never fail.

Pray

WEEK 7 – JULY 8

SAVED BY GRACE

Circle Up (Fun)

Activity: Give everyone a small surprise snack or prize for free.

Pray

“Jesus, thank You for loving us no matter what. Help us remember that Your grace is a gift we could never earn.”

Talk About It

- How does it feel to receive a gift you didn't earn?
- What is grace?
- Why is it hard for people to believe they are fully loved by God?

Practice

- Thank Jesus for loving you even when you mess up.
- Show grace to someone else this week.

Remember

Salvation is a gift from God, not something we earn.

Pray

WEEK 8 – JULY 15

GOD IS OUR SHIELD

Circle Up (Fun)

Activity: Sock or paper snowball fight.

Pray

“God, when we feel worried or afraid, remind us that You are with us and You are our protector.”

Talk About It

- What makes people feel unsafe or anxious?
- How does God protect us spiritually?
- Why is God's Word important when life feels overwhelming?

Practice

- Read one Bible verse every day this week.
- Pray whenever you start to feel anxious or afraid.

Remember

God is our protector and our peace.

Pray

WEEK 9 – JULY 22

ENDURANCE AND JOY

Circle Up (Fun)

Activity: Hold a plank, wall sit, or breath-holding contest.

Pray

“Jesus, give us strength to keep going when life feels hard. Help us choose joy and encourage others.”

Talk About It

- Why do hard things make us want to quit?
- How can struggles actually strengthen us?
- What does it look like to choose joy during difficult seasons?

Practice

- Encourage someone who is struggling.
- **Ask God to help you keep going when life feels hard.**

Remember

God gives strength to people who trust Him.

Pray

WEEK 10 – JULY 29

GOD SEES YOU

Circle Up (Fun)

Activity: Hide and seek in the dark with flashlights.

Pray

“God, thank You for knowing everything about us and loving us completely. Help us be honest with You.”

Talk About It

- Why do people hide parts of themselves from others?
- Is there anything we can hide from God?
- Why is it comforting that God fully knows us and still loves us?

Practice

- Spend time being honest with God in prayer.
- Thank Him for loving the real you.

Remember

You are fully known and fully loved by God.

Pray

WEEK 11 – AUGUST 5

A NEW SCHOOL YEAR, SAME GOD

Circle Up (Fun)

Question: What are you excited or nervous about for school this year?

Pray

“Jesus, as we start a new school year, help us be brave, kind, and ready to follow You wherever we go.”

Talk About It

- Why can new seasons feel stressful?
- How does God help us when we feel nervous?
- What would it look like to follow Jesus at school this year?

Practice

- Pray for your teachers, friends, and classmates.
- Ask God to help you stand out in a good way.

Remember

God goes with you into every hallway, classroom, and conversation.

Pray

WEEK 12 – AUGUST 12

SHINE THIS SCHOOL YEAR

Circle Up (Fun)

Question: What’s one way someone has made you feel included or encouraged before?

Pray

“God, help us shine Your love at school this year. Show us how to include, encourage, and care for others.”

Talk About It

- What does kindness actually look like at school?
- Why is it sometimes hard to include others?
- How can small actions make a big difference?

Practice

- Sit with someone new.
- Encourage someone intentionally this week.
- Look for someone who feels left out.

Remember

Jesus uses ordinary people to shine His love.

Pray